

**Masstabelle für Skilänge und Gewicht, ab Saison 2010/2011**

**Measurement table for ski length and weight, as from season 2010/2011**

Körper-grösse	A		B		C		D		E		F		G		H		I		J		K	
	Gewicht mit Anzug und Schuhen	Skilänge	Gewicht mit Anzug und Schuhen	Skilänge	Gewicht mit Anzug und Schuhen	Skilänge	Gewicht mit Anzug und Schuhen	Skilänge	Gewicht mit Anzug und Schuhen	Skilänge	Gewicht mit Anzug und Schuhen	Skilänge	Gewicht mit Anzug und Schuhen	Skilänge	Gewicht mit Anzug und Schuhen	Skilänge	Gewicht mit Anzug und Schuhen	Skilänge	Gewicht mit Anzug und Schuhen	Skilänge	Gewicht mit Anzug und Schuhen	Skilänge
Body Height	Weight with suit and boots	Ski length	Weight with suit and boots	Ski length	Weight with suit and boots	Ski length	Weight with suit and boots	Ski length	Weight with suit and boots	Ski length	Weight with suit and boots	Ski length	Weight with suit and boots	Ski length	Weight with suit and boots	Ski length	Weight with suit and boots	Ski length	Weight with suit and boots	Ski length	Weight with suit and boots	Ski length
BMI / %	20.500	145.0	20.375	144.5	20.250	144.0	20.125	143.5	20.000	143.0	19.875	142.5	19.750	142.0	19.625	141.5	19.500	141.0	19.375	140.5	19.250	140.0
cm	kg	cm	kg	cm	kg	cm	kg	cm	kg	cm	kg	cm	kg	cm	kg	cm	kg	cm	kg	cm	kg	cm
140	40.2	203	39.9	202	39.7	202	39.4	201	39.2	200	39.0	200	38.7	199	38.5	198	38.2	197	38.0	197	37.7	196
141	40.8	204	40.5	204	40.3	203	40.0	202	39.8	202	39.5	201	39.3	200	39.0	200	38.8	199	38.5	198	38.3	197
142	41.3	206	41.1	205	40.8	204	40.6	204	40.3	203	40.1	202	39.8	202	39.6	201	39.3	200	39.1	200	38.8	199
143	41.9	207	41.7	207	41.4	206	41.2	205	40.9	204	40.6	204	40.4	203	40.1	202	39.9	202	39.6	201	39.4	200
144	42.5	209	42.2	208	42.0	207	41.7	207	41.5	206	41.2	205	41.0	204	40.7	204	40.4	203	40.2	202	39.9	202
145	43.1	210	42.8	210	42.6	209	42.3	208	42.1	207	41.8	207	41.5	206	41.3	205	41.0	204	40.7	204	40.5	203
146	43.7	212	43.4	211	43.2	210	42.9	210	42.6	209	42.4	208	42.1	207	41.8	207	41.6	206	41.3	205	41.0	204
147	44.3	213	44.0	212	43.8	212	43.5	211	43.2	210	42.9	209	42.7	209	42.4	208	42.1	207	41.9	207	41.6	206
148	44.9	215	44.6	214	44.4	213	44.1	212	43.8	212	43.5	211	43.3	210	43.0	209	42.7	209	42.4	208	42.2	207
149	45.5	216	45.2	215	45.0	215	44.7	214	44.4	213	44.1	212	43.8	212	43.6	211	43.3	210	43.0	209	42.7	209
150	46.1	218	45.8	217	45.6	216	45.3	215	45.0	215	44.7	214	44.4	213	44.2	212	43.9	212	43.6	211	43.3	210
151	46.7	219	46.5	218	46.2	217	45.9	217	45.6	216	45.3	215	45.0	214	44.7	214	44.5	213	44.2	212	43.9	211
152	47.4	220	47.1	220	46.8	219	46.5	218	46.2	217	45.9	217	45.6	216	45.3	215	45.1	214	44.8	214	44.5	213
153	48.0	222	47.7	221	47.4	220	47.1	220	46.8	219	46.5	218	46.2	217	45.9	216	45.6	216	45.4	215	45.1	214
154	48.6	223	48.3	223	48.0	222	47.7	221	47.4	220	47.1	219	46.8	219	46.5	218	46.2	217	45.9	216	45.7	216
155	49.3	225	49.0	224	48.7	223	48.4	222	48.1	222	47.7	221	47.4	220	47.1	219	46.8	219	46.5	218	46.2	217
156	49.9	226	49.6	225	49.3	225	49.0	224	48.7	223	48.4	222	48.1	222	47.8	221	47.5	220	47.2	219	46.8	218
157	50.5	228	50.2	227	49.9	226	49.6	225	49.3	225	49.0	224	48.7	223	48.4	222	48.1	221	47.8	221	47.4	220
158	51.2	229	50.9	228	50.6	228	50.2	227	49.9	226	49.6	225	49.3	224	49.0	224	48.7	223	48.4	222	48.1	221
159	51.8	231	51.5	230	51.2	229	50.9	228	50.6	227	50.2	227	49.9	226	49.6	225	49.3	224	49.0	223	48.7	223
160	52.5	232	52.2	231	51.8	230	51.5	230	51.2	229	50.9	228	50.6	227	50.2	226	49.9	226	49.6	225	49.3	224
161	53.1	233	52.8	233	52.5	232	52.2	231	51.8	230	51.5	229	51.2	229	50.9	228	50.5	227	50.2	226	49.9	225
162	53.8	235	53.5	234	53.1	233	52.8	232	52.5	232	52.2	231	51.8	230	51.5	229	51.2	228	50.8	228	50.5	227
163	54.5	236	54.1	236	53.8	235	53.5	234	53.1	233	52.8	232	52.5	231	52.1	231	51.8	230	51.5	229	51.1	228
164	55.1	238	54.8	237	54.5	236	54.1	235	53.8	235	53.5	234	53.1	233	52.8	232	52.4	231	52.1	230	51.8	230
165	55.8	239	55.5	238	55.1	238	54.8	237	54.5	236	54.1	235	53.8	234	53.4	233	53.1	233	52.7	232	52.4	231
166	56.5	241	56.1	240	55.8	239	55.5	238	55.1	237	54.8	237	54.4	236	54.1	235	53.7	234	53.4	233	53.0	232
167	57.2	242	56.8	241	56.5	240	56.1	240	55.8	239	55.4	238	55.1	237	54.7	236	54.4	235	54.0	235	53.7	234
168	57.9	244	57.5	243	57.2	242	56.8	241	56.4	240	56.1	239	55.7	239	55.4	238	55.0	237	54.7	236	54.3	235
169	58.6	245	58.2	244	57.8	243	57.5	243	57.1	242	56.8	241	56.4	240	56.1	239	55.7	238	55.3	237	55.0	237

170	59.2	247	58.9	246	58.5	245	58.2	244	57.8	243	57.4	242	57.1	241	56.7	241	56.4	240	56.0	239	55.6	238
171	59.9	248	59.6	247	59.2	246	58.8	245	58.5	245	58.1	244	57.8	243	57.4	242	57.0	241	56.7	240	56.3	239
172	60.6	249	60.3	249	59.9	248	59.5	247	59.2	246	58.8	245	58.4	244	58.1	243	57.7	243	57.3	242	56.9	241
173	61.4	251	61.0	250	60.6	249	60.2	248	59.9	247	59.5	247	59.1	246	58.7	245	58.4	244	58.0	243	57.6	242
174	62.1	252	61.7	251	61.3	251	60.9	250	60.6	249	60.2	248	59.8	247	59.4	246	59.0	245	58.7	244	58.3	244
175	62.8	254	62.4	253	62.0	252	61.6	251	61.3	250	60.9	249	60.5	249	60.1	248	59.7	247	59.3	246	59.0	245
176	63.5	255	63.1	254	62.7	253	62.3	253	62.0	252	61.6	251	61.2	250	60.8	249	60.4	248	60.0	247	59.6	246
177	64.2	257	63.8	256	63.4	255	63.0	254	62.7	253	62.3	252	61.9	251	61.5	250	61.1	250	60.7	249	60.3	248
178	65.0	258	64.6	257	64.2	256	63.8	255	63.4	255	63.0	254	62.6	253	62.2	252	61.8	251	61.4	250	61.0	249
179	65.7	260	65.3	259	64.9	258	64.5	257	64.1	256	63.7	255	63.3	254	62.9	253	62.5	252	62.1	251	61.7	251
180	66.4	261	66.0	260	65.6	259	65.2	258	64.8	257	64.4	257	64.0	256	63.6	255	63.2	254	62.8	253	62.4	252
181	67.2	262	66.8	262	66.3	261	65.9	260	65.5	259	65.1	258	64.7	257	64.3	256	63.9	255	63.5	254	63.1	253
182	67.9	264	67.5	263	67.1	262	66.7	261	66.2	260	65.8	259	65.4	258	65.0	258	64.6	257	64.2	256	63.8	255
183	68.7	265	68.2	264	67.8	264	67.4	263	67.0	262	66.6	261	66.1	260	65.7	259	65.3	258	64.9	257	64.5	256
184	69.4	267	69.0	266	68.6	265	68.1	264	67.7	263	67.3	262	66.9	261	66.4	260	66.0	259	65.6	259	65.2	258
185	70.2	268	69.7	267	69.3	266	68.9	265	68.5	265	68.0	264	67.6	263	67.2	262	66.7	261	66.3	260	65.9	259
186	70.9	270	70.5	269	70.1	268	69.6	267	69.2	266	68.8	265	68.3	264	67.9	263	67.5	262	67.0	261	66.6	260
187	71.7	271	71.2	270	70.8	269	70.4	268	69.9	267	69.5	266	69.1	266	68.6	265	68.2	264	67.8	263	67.3	262
188	72.5	273	72.0	272	71.6	271	71.1	270	70.7	269	70.2	268	69.8	267	69.4	266	68.9	265	68.5	264	68.0	263
189	73.2	274	72.8	273	72.3	272	71.9	271	71.4	270	71.0	269	70.5	268	70.1	267	69.7	266	69.2	266	68.8	265
190	74.0	276	73.6	275	73.1	274	72.7	273	72.2	272	71.7	271	71.3	270	70.8	269	70.4	268	69.9	267	69.5	266
191	74.8	277	74.3	276	73.9	275	73.4	274	73.0	273	72.5	272	72.0	271	71.6	270	71.1	269	70.7	268	70.2	267
192	75.6	278	75.1	277	74.6	276	74.2	276	73.7	275	73.3	274	72.8	273	72.3	272	71.9	271	71.4	270	71.0	269
193	76.4	280	75.9	279	75.4	278	75.0	277	74.5	276	74.0	275	73.6	274	73.1	273	72.6	272	72.2	271	71.7	270
194	77.2	281	76.7	280	76.2	279	75.7	278	75.3	277	74.8	276	74.3	275	73.9	275	73.4	274	72.9	273	72.4	272
195	78.0	283	77.5	282	77.0	281	76.5	280	76.1	279	75.6	278	75.1	277	74.6	276	74.1	275	73.7	274	73.2	273
196	78.8	284	78.3	283	77.8	282	77.3	281	76.8	280	76.4	279	75.9	278	75.4	277	74.9	276	74.4	275	74.0	274
197	79.6	286	79.1	285	78.6	284	78.1	283	77.6	282	77.1	281	76.6	280	76.2	279	75.7	278	75.2	277	74.7	276
198	80.4	287	79.9	286	79.4	285	78.9	284	78.4	283	77.9	282	77.4	281	76.9	280	76.4	279	76.0	278	75.5	277
199	81.2	289	80.7	288	80.2	287	79.7	286	79.2	285	78.7	284	78.2	283	77.7	282	77.2	281	76.7	280	76.2	279
200	82.0	290	81.5	289	81.0	288	80.5	287	80.0	286	79.5	285	79.0	284	78.5	283	78.0	282	77.5	281	77.0	280

L		M		N		O		P		Q		R		S		T		U		V		Z	
Gewicht mit Anzug und Schuhen	Skilänge	Gewicht mit Anzug und Schuhen	Skilänge	Gewicht mit Anzug und Schuhen	Skilänge	Gewicht mit Anzug und Schuhen	Skilänge	Gewicht mit Anzug und Schuhen	Skilänge	Gewicht mit Anzug und Schuhen	Skilänge	Gewicht mit Anzug und Schuhen	Skilänge	Gewicht mit Anzug und Schuhen	Skilänge	Gewicht mit Anzug und Schuhen	Skilänge	Gewicht mit Anzug und Schuhen	Skilänge	Gewicht mit Anzug und Schuhen	Skilänge	Gewicht mit Anzug und Schuhen	Skilänge
Weight with suit and boots	Ski length	Weight with suit and boots	Ski length	Weight with suit and boots	Ski length	Weight with suit and boots	Ski length	Weight with suit and boots	Ski length	Weight with suit and boots	Ski length	Weight with suit and boots	Ski length	Weight with suit and boots	Ski length	Weight with suit and boots	Ski length	Weight with suit and boots	Ski length	Weight with suit and boots	Ski length	Weight with suit and boots	Ski length
kg	cm	kg	cm	kg	cm	kg	cm	kg	cm	kg	cm	kg	cm	kg	cm	kg	cm	kg	cm	kg	cm	kg	cm
19.125	139.5	19.000	139.0	18.875	138.5	18.750	138.0	18.625	137.5	18.500	137.0	18.375	136.5	18.250	136.0	18.125	135.5	18.000	135.0	17.875	134.5	17.750	134.0
37.5	195	37.2	195	37.0	194	36.8	193	36.5	193	36.3	192	36.0	191	35.8	190	35.5	190	35.3	189	35.0	188	34.8	188
38.0	197	37.8	196	37.5	195	37.3	195	37.0	194	36.8	193	36.5	192	36.3	192	36.0	191	35.8	190	35.5	190	35.3	189
38.6	198	38.3	197	38.1	197	37.8	196	37.6	195	37.3	195	37.1	194	36.8	193	36.5	192	36.3	192	36.0	191	35.8	190
39.1	199	38.9	199	38.6	198	38.3	197	38.1	197	37.8	196	37.6	195	37.3	194	37.1	194	36.8	193	36.6	192	36.3	192
39.7	201	39.4	200	39.1	199	38.9	199	38.6	198	38.4	197	38.1	197	37.8	196	37.6	195	37.3	194	37.1	194	36.8	193
40.2	202	39.9	202	39.7	201	39.4	200	39.2	199	38.9	199	38.6	198	38.4	197	38.1	196	37.8	196	37.6	195	37.3	194
40.8	204	40.5	203	40.2	202	40.0	201	39.7	201	39.4	200	39.2	199	38.9	199	38.6	198	38.4	197	38.1	196	37.8	196
41.3	205	41.1	204	40.8	204	40.5	203	40.2	202	40.0	201	39.7	201	39.4	200	39.2	199	38.9	198	38.6	198	38.4	197
41.9	206	41.6	206	41.3	205	41.1	204	40.8	204	40.5	203	40.2	202	40.0	201	39.7	201	39.4	200	39.2	199	38.9	198
42.5	208	42.2	207	41.9	206	41.6	206	41.3	205	41.1	204	40.8	203	40.5	203	40.2	202	40.0	201	39.7	200	39.4	200
43.0	209	42.8	209	42.5	208	42.2	207	41.9	206	41.6	206	41.3	205	41.1	204	40.8	203	40.5	203	40.2	202	39.9	201
43.6	211	43.3	210	43.0	209	42.8	208	42.5	208	42.2	207	41.9	206	41.6	205	41.3	205	41.0	204	40.8	203	40.5	202
44.2	212	43.9	211	43.6	211	43.3	210	43.0	209	42.7	208	42.5	207	42.2	207	41.9	206	41.6	205	41.3	204	41.0	204
44.8	213	44.5	213	44.2	212	43.9	211	43.6	210	43.3	210	43.0	209	42.7	208	42.4	207	42.1	207	41.8	206	41.6	205
45.4	215	45.1	214	44.8	213	44.5	213	44.2	212	43.9	211	43.6	210	43.3	209	43.0	209	42.7	208	42.4	207	42.1	206
45.9	216	45.6	215	45.3	215	45.0	214	44.7	213	44.4	212	44.1	212	43.8	211	43.5	210	43.2	209	42.9	208	42.6	208
46.5	218	46.2	217	45.9	216	45.6	215	45.3	215	45.0	214	44.7	213	44.4	212	44.1	211	43.8	211	43.5	210	43.2	209
47.1	219	46.8	218	46.5	217	46.2	217	45.9	216	45.6	215	45.3	214	45.0	214	44.7	213	44.4	212	44.1	211	43.8	210
47.7	220	47.4	220	47.1	219	46.8	218	46.5	217	46.2	216	45.9	216	45.6	215	45.2	214	44.9	213	44.6	213	44.3	212
48.3	222	48.0	221	47.7	220	47.4	219	47.1	219	46.8	218	46.5	217	46.1	216	45.8	215	45.5	215	45.2	214	44.9	213
49.0	223	48.6	222	48.3	222	48.0	221	47.7	220	47.4	219	47.0	218	46.7	218	46.4	217	46.1	216	45.8	215	45.4	214
49.6	225	49.2	224	48.9	223	48.6	222	48.3	221	48.0	221	47.6	220	47.3	219	47.0	218	46.7	217	46.3	217	46.0	216
50.2	226	49.9	225	49.5	224	49.2	224	48.9	223	48.6	222	48.2	221	47.9	220	47.6	220	47.2	219	46.9	218	46.6	217
50.8	227	50.5	227	50.1	226	49.8	225	49.5	224	49.2	223	48.8	222	48.5	222	48.2	221	47.8	220	47.5	219	47.2	218
51.4	229	51.1	228	50.8	227	50.4	226	50.1	226	49.8	225	49.4	224	49.1	223	48.7	222	48.4	221	48.1	221	47.7	220
52.1	230	51.7	229	51.4	229	51.0	228	50.7	227	50.4	226	50.0	225	49.7	224	49.3	224	49.0	223	48.7	222	48.3	221
52.7	232	52.4	231	52.0	230	51.7	229	51.3	228	51.0	227	50.6	227	50.3	226	49.9	225	49.6	224	49.3	223	48.9	222
53.3	233	53.0	232	52.6	231	52.3	230	51.9	230	51.6	229	51.2	228	50.9	227	50.5	226	50.2	225	49.9	225	49.5	224
54.0	234	53.6	234	53.3	233	52.9	232	52.6	231	52.2	230	51.9	229	51.5	228	51.2	228	50.8	227	50.5	226	50.1	225
54.6	236	54.3	235	53.9	234	53.6	233	53.2	232	52.8	232	52.5	231	52.1	230	51.8	229	51.4	228	51.1	227	50.7	226

55.3	237	54.9	236	54.5	235	54.2	235	53.8	234	53.5	233	53.1	232	52.7	231	52.4	230	52.0	230	51.7	229	51.3	228
55.9	239	55.6	238	55.2	237	54.8	236	54.5	235	54.1	234	53.7	233	53.4	233	53.0	232	52.6	231	52.3	230	51.9	229
56.6	240	56.2	239	55.8	238	55.5	237	55.1	237	54.7	236	54.4	235	54.0	234	53.6	233	53.3	232	52.9	231	52.5	230
57.2	241	56.9	240	56.5	240	56.1	239	55.7	238	55.4	237	55.0	236	54.6	235	54.2	234	53.9	234	53.5	233	53.1	232
57.9	243	57.5	242	57.1	241	56.8	240	56.4	239	56.0	238	55.6	238	55.3	237	54.9	236	54.5	235	54.1	234	53.7	233
58.6	244	58.2	243	57.8	242	57.4	242	57.0	241	56.7	240	56.3	239	55.9	238	55.5	237	55.1	236	54.7	235	54.4	235
59.2	246	58.9	245	58.5	244	58.1	243	57.7	242	57.3	241	56.9	240	56.5	239	56.1	238	55.8	238	55.4	237	55.0	236
59.9	247	59.5	246	59.1	245	58.7	244	58.4	243	58.0	242	57.6	242	57.2	241	56.8	240	56.4	239	56.0	238	55.6	237
60.6	248	60.2	247	59.8	247	59.4	246	59.0	245	58.6	244	58.2	243	57.8	242	57.4	241	57.0	240	56.6	239	56.2	239
61.3	250	60.9	249	60.5	248	60.1	247	59.7	246	59.3	245	58.9	244	58.5	243	58.1	243	57.7	242	57.3	241	56.9	240
62.0	251	61.6	250	61.2	249	60.8	248	60.3	248	59.9	247	59.5	246	59.1	245	58.7	244	58.3	243	57.9	242	57.5	241
62.7	252	62.2	252	61.8	251	61.4	250	61.0	249	60.6	248	60.2	247	59.8	246	59.4	245	59.0	244	58.6	243	58.2	243
63.3	254	62.9	253	62.5	252	62.1	251	61.7	250	61.3	249	60.9	248	60.5	248	60.0	247	59.6	246	59.2	245	58.8	244
64.0	255	63.6	254	63.2	253	62.8	253	62.4	252	62.0	251	61.5	250	61.1	249	60.7	248	60.3	247	59.9	246	59.4	245
64.7	257	64.3	256	63.9	255	63.5	254	63.1	253	62.6	252	62.2	251	61.8	250	61.4	249	60.9	248	60.5	247	60.1	247
65.5	258	65.0	257	64.6	256	64.2	255	63.7	254	63.3	253	62.9	253	62.5	252	62.0	251	61.6	250	61.2	249	60.7	248
66.2	259	65.7	259	65.3	258	64.9	257	64.4	256	64.0	255	63.6	254	63.1	253	62.7	252	62.3	251	61.8	250	61.4	249
66.9	261	66.4	260	66.0	259	65.6	258	65.1	257	64.7	256	64.3	255	63.8	254	63.4	253	62.9	252	62.5	252	62.1	251
67.6	262	67.2	261	66.7	260	66.3	259	65.8	259	65.4	258	64.9	257	64.5	256	64.1	255	63.6	254	63.2	253	62.7	252
68.3	264	67.9	263	67.4	262	67.0	261	66.5	260	66.1	259	65.6	258	65.2	257	64.7	256	64.3	255	63.9	254	63.4	253
69.0	265	68.6	264	68.1	263	67.7	262	67.2	261	66.8	260	66.3	259	65.9	258	65.4	257	65.0	257	64.5	256	64.1	255
69.8	266	69.3	265	68.9	265	68.4	264	67.9	263	67.5	262	67.0	261	66.6	260	66.1	259	65.7	258	65.2	257	64.8	256
70.5	268	70.0	267	69.6	266	69.1	265	68.7	264	68.2	263	67.7	262	67.3	261	66.8	260	66.4	259	65.9	258	65.4	257
71.2	269	70.8	268	70.3	267	69.8	266	69.4	265	68.9	264	68.4	263	68.0	262	67.5	262	67.0	261	66.6	260	66.1	259
72.0	271	71.5	270	71.0	269	70.6	268	70.1	267	69.6	266	69.2	265	68.7	264	68.2	263	67.7	262	67.3	261	66.8	260
72.7	272	72.2	271	71.8	270	71.3	269	70.8	268	70.3	267	69.9	266	69.4	265	68.9	264	68.4	263	68.0	262	67.5	261
73.5	273	73.0	272	72.5	271	72.0	270	71.5	270	71.1	269	70.6	268	70.1	267	69.6	266	69.1	265	68.7	264	68.2	263
74.2	275	73.7	274	73.3	273	72.8	272	72.3	271	71.8	270	71.3	269	70.8	268	70.3	267	69.9	266	69.4	265	68.9	264
75.0	276	74.5	275	74.0	274	73.5	273	73.0	272	72.5	271	72.0	270	71.5	269	71.1	268	70.6	267	70.1	266	69.6	265
75.7	278	75.2	277	74.7	276	74.3	275	73.8	274	73.3	273	72.8	272	72.3	271	71.8	270	71.3	269	70.8	268	70.3	267
76.5	279	76.0	278	75.5	277	75.0	276	74.5	275	74.0	274	73.5	273	73.0	272	72.5	271	72.0	270	71.5	269	71.0	268