

FIS Cross-Country World Cup 2016

■ Men

Ruka Triple-Stage 1 of 3

1st 1.4km Sprint Classic 11/27 Ruka(FIN)

Rank	Name	Nat	Time
1	FOSSLI Sondre Turvoll	NOR	
2	BRANDSDAL Eirik	NOR	
3	NORTHUG Petter Jr	NOR	
55	宮沢 大志	JPN	
60	柏原 暢仁	JPN	

1st 10km Individual Free 11/28 Ruka(FIN)

1	SUNDBY Martin Johnsrud	NOR	21:05.5
2	HARVEY Alex	CAN	21:16.7
3	COLOGNA Dario	SUI	21:17.1

1st 15km Pursuit Classic 11/29 Ruka(FIN)

1	SUNDBY Martin Johnsrud	NOR	37:10.0
2	NORTHUG Petter Jr	NOR	37:54.7
3	KROGH Finn Haagen	NOR	37:56.5

3-DAYS TOUR STANDING

1	SUNDBY Martin Johnsrud	NOR	1:00:45.3
2	NORTHUG Petter Jr	NOR	+44.7
3	KROGH Finn Haagen	NOR	+46.5

2nd Skiathlon 15kmC+15kmF 12/5 Lillehammer(NOR)

1	SUNDBY Martin Johnsrud	NOR	1:19:22.9
2	DYRHAUG Niklas	NOR	1:20:06.9
3	HOLUND Hans Christer	NOR	1:20:09.8
41	レンティング陽	JPN	1:24:18.6
61	吉田 圭伸	JPN	1:27:46.1
62	成瀬 開地	JPN	1:27:56.9
73	宇田 崇二	JPN	LAP

2nd 4×7.5km Relay 12/6 Lillehammer(NOR)

1	NORWAY I	1:13:25.7
2	NORWAY III	1:13:28.5
3	NORWAY II	1:13:40.5
18	JAPAN	1:19:00.1
	宮沢 大志	19:53.0
	レンティング陽	20:31.3
	吉田 圭伸	19:02.9
	柏原 暢仁	19:32.9

3rd 30km Free 12/12 Davos(SUI)

1	SUNDBY Martin Johnsrud	NOR	1:06:27.9
2	MANIFICAT Maurice	FRA	1:06:48.6
3	GLOEERSEN Anders	NOR	1:06:56.5
53	宇田 崇二	JPN	1:11:30.0
57	吉田 圭伸	JPN	1:11:41.0
66	レンティング陽	JPN	1:12:13.7
72	成瀬 開地	JPN	1:13:26.2

3rd 1.6km Sprint Free 12/13 Davos(SUI)

1	PELLEGRINO Federico	ITA	
2	GROS Baptiste	FRA	
3	FOSSLI Sondre Turvoll	NOR	
58	宮沢 大志	JPN	
77	柏原 暢仁	JPN	
82	成瀬 開地	JPN	

■ Ladies

Ruka Triple-Stage 1 of 3

1st 1.4km Sprint Classic 11/27 Ruka(FIN)

Rank	Name	Nat	Time
1	FALLA Maiken Caspersen	NOR	
2	NILSSON Stina	SWE	
3	HAGA Ragnhild	NOR	
78	石田 正子	JPN	

1st 5km Individual Free 11/28 Ruka(FIN)

1	JOHAUG Therese	NOR	11:23.8
2	KALLA Charlotte	SWE	11:41.4
3	INGEMARSDOTTER Ida	SWE	11:49.2
66	石田 正子	JPN	12:58.2

1st 10km Pursuit Classic 11/29 Ruka(FIN)

1	JOHAUG Therese	NOR	27:22.3
2	NILSSON Stina	SWE	27:44.9
3	OESTBERG Ingvild Flugsta	NOR	27:54.7
47	石田 正子	JPN	31:36.7

3-DAYS TOUR STANDING

1	JOHAUG Therese	NOR	41:49.6
2	NILSSON Stina	SWE	+22.6
3	OESTBERG Ingvild Flugsta	NOR	+32.4
47	石田 正子	JPN	+4:14.4

2nd Skiathlon 7.5kmC+7.5km F 12/5 Lillehammer(NOR)

1	JOHAUG Therese	NOR	42:17.7
2	WENG Heidi	NOR	43:47.0
3	KALLA Charlotte	SWE	43:47.1

2nd 4×5km Relay 12/6 Lillehammer(NOR)

1	NORWAY	53:33.1
2	FINLAND	55:32.2
3	UNITED STATES OF AMERICA	55:40.2

3rd 15km Free 12/12 Davos(SUI)

1	JOHAUG Therese	NOR	35:40.3
2	OESTBERG Ingvild Flugsta	NOR	36:50.6
3	WENG Heidi	NOR	36:55.6
35	石田 正子	JPN	39:20.2

3rd 1.6km Sprint Free 12/13 Davos(SUI)

1	NILSSON Stina	SWE	
2	FALLA Maiken Caspersen	NOR	
3	OESTBERG Ingvild Flugsta	NOR	

4th 1.3km Sprint Free 12/19 Toblach(ITA)

1	PELLEGRINO Federico	ITA	
2	HAMILTON Simeon	USA	
3	YOUNG Andrew	GBR	
75	宮沢 大志	JPN	
77	柏原 暢仁	JPN	
87	成瀬 開地	JPN	

4th 1.3km Sprint Free 12/19 Toblach(ITA)

1	FALLA Maiken Caspersen	NOR	
2	OESTBERG Ingvild Flugsta	NOR	
3	NILSSON Stina	SWE	

4tjh 15km Classic 12/20 Toblach(ITA)

1	SUNDBY Martin Johnsrud	NOR	35:27.4
2	BESSMERTNYKH Alexander	RUS	35:40.0
3	ROETHE Sjur	NOR	36:16.0
46	吉田 圭伸	JPN	38:30.6
56	宇田 崇二	JPN	39:08.2
58	レンティング陽	JPN	39:10.8
72	成瀬 開地	JPN	40:06.3

4th 1.3km Sprint Free 12/19 Toblach(ITA)

1	JOHAUG Therese	NOR	27:22.4
2	PARMAKOSKI Krista	FIN	27:50.6
3	OESTBERG Ingvild Flugsta	NOR	28:02.5
28	石田 正子	JPN	29:49.9

10th FIS Tour De Ski Performance By Craft 1/1 Lenzerheide(SUI)

1.5km Sprint Free

1	PELLEGRINO Federico	ITA	
2	USTIUGOV Sergey	RUS	
3	KROGH Finn Haagen	NOR	

10th FIS Tour De Ski Performance By Craft 1/1 Lenzerheide(SUI)

1.5km Sprint Free

1	FALLA Maiken Caspersen	NOR	
2	INGEMARSDOTTER Ida	SWE	
3	OESTBERG Ingvild Flugsta	NOR	

10th FIS Tour De Ski Performance By Craft 1/2 Lenzerheide(SUI)

30km Mass Start Classic

1	SUNDBY Martin Johnsrud	NOR	1:14:48.3
2	NORTHUG Petter Jr	NOR	1:15:22.9
3	TOENSETH Didrik	NOR	1:15:23.4

10th FIS Tour De Ski Performance By Craft 1/2 Lenzerheide(SUI)

15km Mass Start Classic

1	JOHAUG Therese	NOR	41:26.4
2	OESTBERG Ingvild Flugsta	NOR	42:04.3
3	WENG Heidi	NOR	42:42.6

10th FIS Tour De Ski Performance By Craft 1/3 Lenzerheide(SUI)

10km Pursuit Free

1	SUNDBY Martin Johnsrud	NOR	21:44.7
2	NORTHUG Petter Jr	NOR	23:09.9
3	KROGH Finn Haagen	NOR	23:34.9

10th FIS Tour De Ski Performance By Craft 1/3 Lenzerheide(SUI)

5km Pursuit Free

1	OESTBERG Ingvild Flugsta	NOR	13:02.3
2	JOHAUG Therese	NOR	13:11.6
3	WENG Heidi	NOR	15:05.9

10th FIS Tour De Ski Performance By Craft 1/5 Oberstdorf(GER)

1.2km Sprint Classic

1	IVERSEN Emil	NOR	
2	USTIUGOV Sergey	RUS	
3	POLTORANIN Alexey	KAZ	

10th FIS Tour De Ski Performance By Craft 1/5 Oberstdorf(GER)

1.2km Sprint Classic

1	CALDWELL Sophie	USA	
2	WENG Heidi	NOR	
3	OESTBERG Ingvild Flugsta	NOR	

10th FIS Tour De Ski Performance By Craft 1/6 Oberstdorf(GER)

15km Mass Start Classic

1	POLTORANIN Alexey	KAZ	35:35.9
2	COLOGNA Dario	SUI	35:36.0
3	DE FABIANI Francesco	ITA	35:36.5

10th FIS Tour De Ski Performance By Craft 1/6 Oberstdorf(GER)

10km Mass Start Classic

1	JOHAUG Therese	NOR	26:37.6
2	OESTBERG Ingvild Flugsta	NOR	26:47.5
3	WENG Heidi	NOR	26:57.3

10th FIS Tour De Ski Performance By Craft 1/9 Val di Fiemme(ITA)

15km Mass Start Classic

1	SUNDBY Martin Johnsrud	NOR	39:55.2
2	DYRHAUG Niklas	NOR	40:02.9
3	POLTORANIN Alexey	KAZ	40:07.8

10th FIS Tour De Ski Performance By Craft 1/9 Val di Fiemme(IT

10km Mass Start Classic

1	WENG Heidi	NOR	29:16.3
2	OESTBERG Ingvild Flugsta	NOR	29:17.1
3	JOHAUG Therese	NOR	29:22.5

10th FIS Tour De Ski Performance By Craft 1/10 Val di Fiemme(ITA)

9km Pursuit Free

1	SUNDBY Martin Johnsrud	NOR	30:47.0
2	KROGH Finn Haagen	NOR	34:02.7
3	USTIUGOV Sergey	RUS	34:30.8

10th FIS Tour De Ski Performance By Craft 1/10 Val di Fiemme(I

9km Pursuit Free

1	JOHAUG Therese	NOR	33:53.5
2	OESTBERG Ingvild Flugsta	NOR	36:14.4
3	WENG Heidi	NOR	37:07.4

Tour DE SKI OVERALL Standings

1	SUNDBY Martin Johnsrud	NOR	3:47:18.2
2	KROGH Finn Haagen	NOR	+3:15.7
3	USTIUGOV Sergey	RUS	+3:43.8

Tour DE SKI OVERALL Standings

1	JOHAUG Therese	NOR	2:40:34.8
2	OESTBERG Ingvild Flugsta	NOR	+2:20.9
3	WENG Heidi	NOR	+3:13.9

9th 1.2km Sprint Free 1/16 Planica(SLO)

1	PELLEGRINO Federico	ITA	
2	GROS Baptiste	FRA	
3	JOUVE Richard	FRA	

9th 1.2km Sprint Free 1/16 Planica(SLO)

1	NILSSON Stina	SWE	
2	JACOBSEN Astrid Uhrenholdt	NOR	
3	WENG Heidi	NOR	

9th 6 × 1.2km Team Sprint 1/17 Planica(SLO)

1	ITALY I	0.00
2	FRANCE I	+1.79
3	FRANCE II	+2.41

9th 6 × 1.2km Team Sprint 1/17 Planica(SLO)

1	SWEDEN I	0.00
2	NORWAY I	+3.51
3	GERMANY I	+8.84

10th 15km Free 1/23 Nove Mesto na Morave(CZE)

1	MANIFICAT Maurice	FRA	34:04.9
2	SUNDBY Martin Johnsrud	NOR	34:15.7
3	USTIUGOV Sergey	RUS	34:17.9

10th 10km Free 1/23 Nove Mesto na Morave(CZE)

1	JOHAUG Therese	NOR	25:09.1
2	JACOBSEN Astrid Uhrenholdt	NOR	25:13.7
3	DIGGINS Jessica	USA	25:18.4

10th 4 × 7.5km Relay 1/24 Nove Mesto na Morave(CZE)

1	NORWAY I	1:08:29.0
2	RUSSIA I	1:08:35.0
3	ITALY	1:09:23.3

10th 4 × 5km Relay 1/24 Nove Mesto na Morave(CZE)

1	NORWAY	50:17.2
2	UNITED STATES	50:59.3
3	FINLAND	51:13.1

12th 50km Mass Start Classic 2/6 Oslo(NOR)

1	SUNDBY Martin Johnsrud	NOR	2:08:41.9
2	DYRHAUG Niklas	NOR	2:09:00.7
3	VYLEDZHANIN Maxim	RUS	2:09:47.3
39	吉田 圭伸	JPN	2:20:32.0

12th 30km Mass Start Classic 2/7 Oslo(NOR)

1	JOHAUG Therese	NOR	1:24:55.0
2	OESTBERG Ingvild Flugstad	NOR	1:28:41.5
3	KYLLOENEN Anne	FIN	1:29:11.0
9	石田 正子	JPN	1:29:50.2

14th 10km Classic 2/13 Falun(SWE)

1	VYLEDZHANIN Maxim	RUS	25:14.6
2	BESSMERTNYKH Alexander	RUS	25:18.1
3	MANIFICAT Maurice	FRA	25:18.2
28	宮沢 大志	JPN	26:26.9
29	吉田 圭伸	JPN	26:27.9
42	レンティング陽	JPN	26:46.3
75	石川 潤	JPN	27:35.7
82	蛭名 貴徳	JPN	28:04.4

14th 5km Classic 2/13 Falun(SWE)

1	JOHAUG Therese	NOR	13:49.1
2	WENG Heidi	NOR	14:07.7
3	OESTBERG Ingvild Flugstad	NOR	14:18.3
55	小林 由貴	JPN	15:34.4
70	大林 千沙	JPN	16:19.5
75	石垣寿美子	JPN	16:32.4

14th 15km Mass Start 2/14 Falun(SWE)

1	USTIUGOV Sergey	RUS	31:42.5
2	DE FABIANI Francesco	ITA	31:42.8
3	SUNDBY Martin Johnsrud	NOR	31:42.9
58	吉田 圭伸	JPN	33:13.2
65	宮沢 大志	JPN	33:50.1
66	レンティング陽	JPN	33:50.1
75	石川 潤	JPN	34:10.6
85	蛭名 貴徳	JPN	35:14.3

14th 10km Mass Start Free 2/14 Falun(SWE)

1	JOHAUG Therese	NOR	23:28.0
2	WENG Heidi	NOR	23:36.8
3	JACOBSEN Astrid Uhrenholdt	NOR	23:41.9
33	石田 正子	JPN	24:50.1
62	小林 由貴	JPN	26:31.2
64	石垣寿美子	JPN	26:35.2
66	大林 千沙	JPN	26:43.6

15th 1.6km Sprint Free 2/20 Lahti(FIN)

1	IVERSEN Emil	NOR	
2	KROGH Finn Haagen	NOR	
3	NORTHUG Petter Jr	NOR	
23	宮沢 大志	JPN	

15th 1.6km Sprint Free 2/20 Lahti(FIN)

1	FALLA Malken Caspersen	NOR	
2	DIGGINS Jessica	USA	
3	WENG Heidi	NOR	

15th Skiathlon 15kmC+15kmF 2/21 Lahti(FIN)

1	SUNDBY Martin Johnsrud	NOR	1:10:03.0
2	KROGH Finn Haagen	NOR	1:10:07.9
3	HOLUND Hans Christer	NOR	1:10:11.0
28	吉田 圭伸	JPN	1:13:22.9
34	レンティング陽	JPN	1:13:57.7
47	宮沢 大志	JPN	1:15:28.5
71	蛭名 貴徳	JPN	LAP

15th Skiathlon 7.5kmC+7.5kmF 2/21 Lahti(FIN)

1	JOHAUG Therese	NOR	38:59.9
2	WENG Heidi	NOR	40:05.4
3	OESTBERG Ingvild Flugstad	NOR	40:31.8
22	石田 正子	JPN	41:48.1
47	小林 由貴	JPN	44:21.5
52	大林 千沙	JPN	44:57.8

Ski Tour CANADA-1

1.7km Sprint Free 3/1 Gatineau(CAN)

1	USTIUGOV Sergey	RUS	
2	JOUEVE Richard	FRA	
3	HAMILTON Simeon	USA	

Ski Tour CANADA-2

17.5km Mass Start Classic 3/2 Montreal(CAN)

1	IVERSEN Emil	NOR	45:05.4
2	NORTHUG Petter Jr	NOR	45:10.7
3	USTIUGOV Sergey	RUS	45:19.9

Ski Tour CANADA-3

1.7km Sprint Free 3/4 Quebec(CAN)

1	GROS Baptiste	FRA	
2	HARVEY Alex	CAN	
3	USTIUGOV Sergey	RUS	

Ski Tour CANADA-4

15km Pursuit Free 3/5 Quebec(CAN)

1	USTIUGOV Sergey	RUS	34:31.8
2	NORTHUG Petter Jr	NOR	34:49.5
3	IVERSEN Emil	NOR	35:34.0

Ski Tour CANADA-5

1.5km Sprint Classic 3/8 Canmore(CAN)

1	PELLEGRINO Federico	ITA	
2	BRANDSDAL Eirik	NOR	
3	MANIFICAT Maurice	FRA	

Ski Tour-CANADA-6

Ski Athlon 15kmC+15kmF 3/9 Canmore(CAN)

1	SUNDBY Martin Johnsrud	NOR	1:16:29.7
2	USTIUGOV Sergey	RUS	1:16:32.5
3	HEIKKINEN Matti	FIN	1:16:33.4

Ski Tour CANADA-7

15km Free 3/11 Canmore(CAN)

1	HEIKKINEN Matti	FIN	35:16.3
2	BELOV Evgeniy	RUS	35:29.9
3	HELLNER Marcus	SWE	35:30.2

Ski Tour CANADA-8

15km Pursuit Classic 3/12 Canmore(CAN)

1	SUNDBY Martin Johnsrud	NOR	47:24.1
2	USTIUGOV Sergey	RUS	48:21.8
3	NORTHUG Petter Jr	NOR	49:16.6

Ski Tour CANADA-1

1.7km Sprint Free 3/1 Gatineau(CAN)

1	FALLA Maiken Caspersen	NOR	
2	NILSSON Stina	SWE	
3	DIGGINS Jessica	USA	

Ski Tour CANADA-2

10.5km Mass Start Classic 3/2 Montreal(CAN)

1	JOHAUG Therese	NOR	30:05.6
2	WENG heidi	NOR	31:05.9
3	JACOBSEN Astrid Uhrenholdt	NOR	31:15.4

Ski Tour CANADA-3

1.5km Sprint Free 3/4 Quebec(CAN)

1	NILSSON Stina	SWE	
2	FALLA Maiken Caspersen	NOR	
3	WENG heidi	NOR	

Ski Tour CANADA-4

10km Pursuit Free 3/5 Quebec(CAN)

1	WENG heidi	NOR	24:18.8
2	JOHAUG Therese	NOR	24:18.9
3	JACOBSEN Astrid Uhrenholdt	NOR	25:24.0

Ski Tour CANADA-5

1.5km Sprint Classic 3/8 Canmore(CAN)

1	FALLA Maiken Caspersen	NOR	
2	JACOBSEN Astrid Uhrenholdt	NOR	
3	OESTBERG Ingvild Flugsta	NOR	

Ski Tour-CANADA-6

Ski Athlon 7.5kmC+7.5kmF 3/9 Canmore(CAN)

1	WENG heidi	NOR	39:41.0
2	JOHAUG Therese	NOR	39:41.8
3	JACOBSEN Astrid Uhrenholdt	NOR	39:50.8

Ski Tour CANADA-7

10km Free 3/11 Canmore(CAN)

1	OESTBERG Ingvild Flugsta	NOR	23:20.1
2	WENG heidi	NOR	23:44.1
3	PARMAKOSKI Krista	FIN	23:44.6

Ski Tour CANADA-8

10km Pursuit Classic 3/12 Canmore(CAN)

1	JOHAUG Therese	NOR	34:32.4
2	WENG heidi	NOR	35:20.2
3	OESTBERG Ingvild Flugsta	NOR	36:25.7

2015/2016 World Cup Standings

■ Distance

1	SUNDBY Martin Johnsrud	NOR	1444
2	MANIFICAT Maurice	FRA	763
3	DYRHAUG Niklas	NOR	729
91	宮沢 大志	JPN	3

■ Distance

1	JOHAUG Therese	NOR	1533
2	WENG Heidi	NOR	1145
3	OESTBERG Ingvild Flugsta	NOR	976
39	石田 正子	JPN	42